

La chasse Demi

A-3 tours 1 arrêté+1 sans arrêt+1 arrêté (200 pédaliers+15 push-ups, 15+15 obliques, 15+15 patineurs) et 1000 m d'ergo. Trois fois.

B-3 tours 1 arrêté+1 sans arrêt+1 arrêté (160 pédaliers+12 push-ups, 12+12 obliques, 12+12 patineurs) et 800 m d'ergo. Trois fois.

C-3 tours 1 arrêté+1 sans arrêt+1 arrêté (100 pédaliers+10 push-ups, 10+10 obliques, 10+10 patineurs) et 500 m d'ergo. Trois fois.

Le dimanche 27 novembre 2016

	Départ 1	Départ 2	split 1	Fin 2	split 2	Fin 3	split 3	total
épreuve test trop long	00:00,0	09:00,0	09:00,0	17:35,0	08:35,0	25:00,0	07:25,0	25:00,0
Marc-André Jamieson A	00:00,0	20:33,0	20:33,0	43:09,0	22:36,0	05:37,0	22:28,0	05:37,0
Stephen Love A	00:00,0	20:30,0	20:30,0	43:01,0	22:31,0	06:20,0	23:19,0	06:20,0
Chalie Houle A	00:00,0	20:27,0	20:27,0	43:17,0	22:50,0	05:17,0	22:00,0	05:17,0
Richard Martel B	00:00,0	16:45,0	16:45,0	35:28,0	18:43,0	55:00,0	19:32,0	55:00,0
Roger Gagnon B	00:00,0	20:02,0	20:02,0	43:30,0	23:28,0	06:27,0	22:57,0	06:27,0
Sylvie Lavallée C	05:08,0	20:35,0	15:27,0	39:50,0	19:15,0	57:22,0	17:32,0	52:14,0
Camélie Houle C	05:08,0	20:44,0	15:36,0	39:25,0	18:41,0	57:05,0	17:40,0	51:57,0
Alain Tremblay C	05:08,0	20:30,0	15:22,0	47:17,0	26:47,0	07:08,0	19:51,0	02:00,0
			00:00,0		00:00,0		00:00,0	00:00,0
Romain Dussault A	00:00,0	16:29,0	16:29,0	35:17,0	18:48,0	53:34,0	18:17,0	53:34,0
Mathieu Fillion A	00:00,0	18:33,0	18:33,0	39:40,0	21:07,0	59:33,0	19:53,0	59:33,0
Pierre Moussette B	00:00,0	19:15,0	19:15,0	33:34,0	14:19,0	56:45,0	23:11,0	56:45,0
Valérie Provost C	00:00,0	14:45,0	14:45,0	31:32,0	16:47,0	48:36,0	17:04,0	48:36,0
Josée Malo C	00:00,0	19:15,0	19:15,0	40:08,0	20:53,0		#####	00:00,0

Le dimanche 18 décembre 2016

Martin Scutt A	00:00,0	15:40,0	15:40,0	32:15,0	16:35,0	49:12,0	16:57,0	49:12,0
Sebastien Houle A	00:00,0	16:03,0	16:03,0	34:12,0	18:09,0	51:13,0	17:01,0	51:13,0
Charlie Houle A	00:00,0	16:04,0	16:04,0	34:10,0	18:06,0	51:14,0	17:04,0	51:14,0
Stephen Love rhume B	00:00,0	14:49,0	14:49,0	29:36,0	14:47,0	45:00,0	15:24,0	45:00,0
Nathalie Roy B	00:00,0	15:13,0	15:13,0	30:54,0	15:41,0	46:25,0	15:31,0	46:25,0
Roger Gagnon B	00:00,0	15:35,0	15:35,0	33:30,0	17:55,0	52:24,0	18:54,0	52:24,0
Alain Tremblay C	04:00,0	19:20,0	15:20,0	35:04,0	15:44,0	51:45,0	16:41,0	47:45,0
Sylvie Lavallée C	04:00,0	16:40,0	12:40,0	30:40,0	14:00,0	44:55,0	14:15,0	40:55,0
Martine Lavoie C	04:00,0	17:08,0	13:08,0	31:50,0	14:42,0	46:52,0	15:02,0	42:52,0
Camélie Houle C	04:00,0	16:50,0	12:50,0	31:41,0	14:51,0	45:52,0	14:11,0	41:52,0

Richard Martel A	00:00,0	16:02,0	16:02,0	32:12,0	16:10,0	48:38,0	16:26,0	48:38,0
Nicolas Martel C+C+B	00:00,0	14:10,0	14:10,0	29:09,0	14:59,0	46:00,0	16:51,0	46:00,0
Romain Dussault A	00:00,0	16:15,0	16:15,0	33:45,0	17:30,0	51:40,0	17:55,0	51:40,0
Mathieu Fillion A	00:00,0	17:17,0	17:17,0	38:29,0	21:12,0	57:48,0	19:19,0	57:48,0
Pierre Moussette C	00:00,0	14:08,0	14:08,0	29:57,0	15:49,0	46:22,0	16:25,0	46:22,0

Le dimanche 29 janvier 2017

Stephen Love A	00:00,0	15:32,0	15:32,0	31:50,0	16:18,0	48:01,0	16:11,0	48:01,0
Martin Scutt A	00:00,0	15:30,0	15:30,0	31:46,0	16:16,0	48:01,0	16:15,0	48:01,0
Sylvie Lavallée B	00:00,0	15:00,0	15:00,0	30:41,0	15:41,0	45:58,0	15:17,0	45:58,0
Mathieu Fillion A	00:00,0	16:22,0	16:22,0	34:01,0	17:39,0	51:50,0	17:49,0	51:50,0
Romain Dussault A	00:00,0	16:58,0	16:58,0	35:07,0	18:09,0	52:27,0	17:20,0	52:27,0
Charlie Houle A	00:00,0	15:59,0	15:59,0	33:40,0	17:41,0	50:41,0	17:01,0	50:41,0
Sébastien Houle A	00:00,0	16:57,0	16:57,0	34:15,0	17:18,0	51:17,0	17:02,0	51:17,0
Marie-Josée Charbonneau A	00:00,0	17:57,0	17:57,0	36:40,0	18:43,0	57:22,0	20:42,0	57:22,0
Régis Fillion A	00:00,0	16:50,0	16:50,0	34:40,0	17:50,0	52:22,0	17:42,0	52:22,0
Valérie Provost C mollo	04:00,0	18:15,0	14:15,0	33:35,0	15:20,0	49:13,0	15:38,0	45:13,0
Josée Malo C mollo	04:00,0	26:10,0	22:10,0	38:25,0	12:15,0	55:43:00	04:35,0	39:00,0
Camélie Houle C blessée genou	04:00,0	20:12,0	16:12,0	43:40,0	23:28,0	54:45,0	11:05,0	50:45,0
Emmanuel Brien A	00:00,0	15:58,0	15:58,0	32:59,0	17:01,0	50:40,0	17:41,0	50:40,0

Le dimanche 19 mars 2017 antihoraire

Stephen Love A	00:00,0	15:57,0	15:57,0	32:21,0	16:24,0	48:56,0	16:35,0	48:56,0
Sylvie Lavallée B	00:00,0	14:22,0	14:22,0	29:03,0	14:41,0	43:37,0	14:34,0	43:37,0
Catherine Lehoux-Dubois B	00:00,0	14:33,0	14:33,0	29:09,0	14:36,0	43:53,0	14:44,0	43:53,0
Alain Tremblay B+C+C	00:00,0	18:10,0	18:10,0	34:32,0	16:22,0	51:28,0	16:56,0	51:28,0
Charlie Houle A	00:00,0	14:52,0	14:52,0	31:07,0	16:15,0	47:50,0	16:43,0	47:50,0

Sébastien Houle B	00:00,0	16:04,0	16:04,0	30:55,0	14:51,0	45:00,0	14:05,0	45:00,0
Camélie Houle B+C+C	00:00,0	17:06,0	17:06,0	31:38,0	14:32,0	46:34,0	14:56,0	46:34,0
Romain Dussault A limité sur ergo	00:00,0	17:27,0	17:27,0	34:58,0	17:31,0	52:10,0	17:12,0	52:10,0
Marie-Josée Charbonneau A	00:00,0	17:23,0	17:23,0	35:37,0	18:14,0	54:27,0	18:50,0	54:27,0
Kim Papadimitriou B peu d'ergo dos	00:00,0		00:00,0		00:00,0		00:00,0	57:30,0