

| Nom | 1er 500m | 2e 500m | 3e 500m | 4e 500m | Temps |
|---------------------|----------|---------|---------|---------|---------|
| 05-nov-13 | | | | | |
| Oliver Love | 01:44,6 | 01:54,0 | 01:58,3 | 01:59,7 | 07:36,6 |
| Stephen Love | 01:47,1 | 01:54,9 | 01:57,7 | 02:01,0 | 07:40,8 |
| Marc-André Jamieson | 01:50,9 | 01:56,0 | 01:57,6 | 02:00,7 | 07:45,2 |
| Richard Martel | 02:05,1 | 02:05,5 | 02:05,2 | 02:05,3 | 08:21,1 |
| Nicolas Martel | 02:12,4 | 02:20,1 | 02:23,3 | 02:24,8 | 09:20,6 |
| Romain Dussault | 02:28,3 | 02:29,5 | 02:31,5 | 02:26,3 | 09:55,6 |
| Valérie provost | 02:29,1 | 02:31,9 | 02:33,1 | 02:22,1 | 09:56,1 |
| Suzanne Aubin | 02:34,0 | 02:33,5 | 02:33,2 | 02:26,4 | 10:07,1 |
| Rebecka Ouellette | 02:28,5 | 02:35,2 | 02:37,8 | 02:29,8 | 10:11,3 |
| Céline Tengelsen | 02:33,4 | 02:36,2 | 02:34,5 | 02:30,9 | 10:15,1 |
| Rose-Anne Rioux | 02:33,4 | 02:35,5 | 02:35,6 | 02:36,0 | 10:20,5 |
| Isabelle Ducharme | 02:37,8 | 02:41,4 | 02:39,2 | 02:27,3 | 10:25,7 |
| Diem Nguyen | 03:01,4 | 02:51,6 | 02:47,4 | 02:40,8 | 11:21,2 |
| Line Méthot | 02:59,8 | 02:56,9 | 02:51,0 | 02:43,5 | 11:31,2 |

13-nov-14

| | | | | | |
|------------------|-------|-------|-------|-------|---------|
| Catherine Pigeon | 01:45 | 02:04 | 02:07 | 02:00 | 08:10,6 |
|------------------|-------|-------|-------|-------|---------|

Test du 18 décembre 2013

| | | | | | |
|-----------------------|---------|---------|---------|---------|---------|
| Rebecka Ouellette-1 | 02:22,8 | 02:26,8 | 02:26,5 | 02:21,3 | 09:37,4 |
| Catherine Pigeon-2 | 01:58,9 | 02:03,8 | 02:06,3 | 02:03,5 | 08:12,6 |
| Sara Iovino-3 | 02:02,7 | 02:07,6 | 02:08,9 | 02:08,0 | 08:27,2 |
| Céline Tengelsen-4 | 02:09,8 | 02:20,0 | 02:19,4 | 02:18,8 | 09:08,1 |
| Johann Piché-Nguyen-1 | 02:18,1 | 02:20,1 | 02:13,1 | 02:07,1 | 08:58,4 |
| Valérie Provost-2 | 02:24,8 | 02:24,2 | 02:20,2 | 02:16,4 | 09:25,6 |
| Nicolas Martel-3 | 02:18,7 | 02:19,1 | 02:17,3 | 02:10,6 | 09:05,6 |
| Romain Dussault-4 | 02:21,6 | 02:23,0 | 02:23,0 | 02:22,7 | 09:30,3 |
| Jean Piché-1 | 02:06,3 | 02:07,0 | 02:05,0 | 02:06,1 | 08:24,5 |
| Francis Piché-Nguyen | 01:55,6 | 01:57,7 | 01:59,9 | 02:00,2 | 07:53,4 |
| Sébastien Houle | 02:06,8 | 02:04,7 | 02:09,4 | 02:14,7 | 08:35,6 |
| Richard Martel | 02:06,2 | 02:03,5 | 02:06,7 | 02:05,5 | 08:22,0 |

| | | | | | |
|--------------------------|---------|---------|---------|---------|---------|
| Guyline Santerre | 02:19,1 | 02:18,6 | 02:18,4 | 02:17,5 | 09:13,6 |
| Diem Nguyen | 02:37,9 | 02:36,1 | 02:34,8 | 02:34,0 | 10:22,8 |
| Charlie Houle | 02:41,3 | 02:40,2 | 02:37,2 | 02:29,5 | 10:28,3 |
| Suelyanne-S.-Latendresse | 02:21,4 | 02:28,9 | 02:35,5 | 02:35,1 | 10:00,9 |
| Marc Lavallée | 02:00,6 | 02:06,7 | 02:02,9 | 02:01,8 | 08:11,9 |
| Rapahel Turcot | 01:51,2 | 01:56,6 | 01:57,1 | 01:54,1 | 07:39,0 |
| Oliver Love | 01:48,9 | 01:56,2 | 01:59,5 | 01:59,4 | 07:44,1 |
| Daniel Aucoin | 01:53,8 | 02:00,1 | 01:59,2 | 01:54,8 | 07:48,0 |

15-janv-14

| | | | | | |
|-------------------|---------|---------|---------|---------|---------|
| Anne-Marie Turcot | 02:12,0 | 03:45 | 02:19,0 | 02:25,0 | 10:22,0 |
| Gabrielle Landry | 02:11,0 | 02:10,0 | 02:18,0 | 02:17,0 | 08:56,9 |

Test du 5 mars 2014

| | | | | | |
|---------------------|---------|---------|---------|---------|---------|
| Camille Leclair-1 | 02:10,2 | 02:29,2 | 02:14,1 | 02:18,0 | 09:11,6 |
| Caroline Therrien-2 | 02:22,3 | 02:30,7 | 02:27,2 | 02:26,0 | 09:46,2 |
| Gabrielle Landry-3 | 02:01,7 | 02:08,6 | 02:13,3 | 02:11,7 | 08:35,4 |
| Anne-Marie Turcot-4 | 02:02,2 | 02:13,4 | 02:18,4 | 02:18,5 | 08:52,4 |
| Oliver Love-1 | 01:50,6 | 01:57,0 | 01:59,1 | 01:59,0 | 07:45,7 |
| Samuel Tremblay-2 | 02:06,2 | 02:13,4 | 02:19,9 | 02:10,2 | 08:49,6 |
| Laurent Piché-3 | 01:59,7 | 02:01,3 | 02:07,9 | 02:02,1 | 08:11,0 |
| Sébastien Houle-4 | 02:04,6 | 02:04,4 | 02:03,1 | 02:00,2 | 08:12,4 |
| Guyline Santerre-1 | 02:07,2 | 02:18,3 | 02:18,0 | 02:21,2 | 09:04,6 |
| Sara Iovino-2 | 01:57,8 | 02:08,4 | 02:11,1 | 02:08,3 | 08:25,6 |
| Catherine Pigeon-3 | 02:01,4 | 02:07,5 | 02:08,5 | 02:05,0 | 08:22,3 |
| Charlie Houle-4 | 02:27,0 | 02:28,8 | 02:30,9 | 02:27,1 | 09:53,8 |
| Valérie Provost 2 | 02:13,9 | 02:20,6 | 02:20,6 | 02:16,0 | 09:11,0 |
| Romain Dussault-3 | 02:09,5 | 02:18,9 | 02:20,1 | 02:17,8 | 09:06,3 |
| Rebecka Ouellette-4 | 02:17,5 | 02:26,1 | 02:23,9 | 02:20,5 | 09:27,9 |
| Julien Gauthier-1 | 01:57,2 | 01:59,1 | 02:03,6 | 02:02,1 | 08:02,1 |
| Mathieu Marsolais-2 | 01:49,1 | 01:55,1 | 01:55,3 | 01:51,6 | 07:31,1 |
| Raphael Turcot-3 | 01:51,1 | 01:55,4 | 01:58,2 | 01:52,1 | 07:36,7 |
| Stephen Love-4 | 01:51,8 | 01:55,7 | 02:00,1 | 02:04,5 | 07:52,1 |

13-avr-14

| | | | | | |
|--------------------|---------|---------|---------|---------|--------------------------|
| Gabrielle Landry-1 | 02:00,6 | 02:09,0 | 02:12,2 | 02:07,6 | 08:29,3 |
| Camille Leclair-2 | 02:04,2 | 02:11,2 | 02:12,3 | 02:09,7 | 08:37,4 |
| Wasana Drouin-3 | 02:05,9 | 02:15,8 | 02:21,8 | 02:21,9 | 09:04,5 |
| Catherine Pigeon-4 | 01:58,4 | 02:03,9 | 02:04,4 | 02:01,5 | 08:08,2 |
| Sébastien Houle-1 | | | | ab | |
| Charles Théberge-2 | 01:57,4 | 02:01,2 | 02:03,6 | 02:03,1 | 08:05,2 |
| Ludovik Allen-3 | 01:53,3 | 02:00,3 | 02:00,6 | 01:56,8 | 07:51,0 |
| Nicolas Gervais-4 | 01:51,2 | 01:56,7 | 01:57,6 | 01:56,0 | 07:41,6 |
| 1-Charlie | 02:27,4 | 02:31,0 | 02:34,0 | 02:25,2 | 09:57,6 |
| 2-Romain | 02:11,0 | 02:17,3 | 02:19,8 | 02:16,3 | 09:04,3 |
| 3-Valérie Provost | 02:11,6 | 02:17,8 | 02:18,3 | 02:14,4 | 09:02,2 Record personnel |
| 4-Guylaine | 02:05,0 | 02:17,0 | 02:18,7 | 02:15,3 | 08:55,9 |
| Line-1 | 02:18,0 | 02:32,6 | 02:34,1 | 02:29,1 | 09:53,8 |
| Céline-2 | 02:07,6 | 02:15,0 | 02:15,9 | 02:15,8 | 08:54,3 |

16-nov-14

| | | | | | |
|-------------------|---------|---------|---------|---------|---------|
| Charlie Houle 1 | 02:14,9 | 02:25,8 | 02:32,3 | 02:27,6 | 09:40,5 |
| Sébastien Houle 2 | 02:04,2 | 02:02,0 | 02:09,7 | 02:03,4 | 08:29,2 |
| Tommy Labarre 3 | 01:39,4 | 01:51,7 | 01:54,2 | 01:50,5 | 07:15,8 |
| Jérémy Dagenais 4 | 01:50,0 | 02:04,7 | 02:06,7 | 02:01,0 | 08:02,3 |
| Line Méthot 1 | 02:26,0 | 02:40,5 | 02:41,3 | 02:40,9 | 10:28,7 |
| Josée Bélanger 2 | 02:39,6 | 02:32,5 | 02:29,7 | 02:28,5 | 10:10,3 |

| | | | | | |
|-----------------------|---------|---------|---------|---------|---------|
| Nathalie Richard 3 | 02:33,5 | 02:25,5 | 02:21,3 | 02:22,1 | 09:42,4 |
| Kim Woodburn 1 | 02:27,9 | 02:21,2 | 02:20,9 | 02:17,3 | 09:27,3 |
| Justin Harvey 2 | 02:00,0 | 02:02,4 | 02:03,7 | 01:52,9 | 07:59,0 |
| M-André Archambault 3 | 02:01,9 | 02:08,6 | 02:07,2 | 02:04,2 | 08:22,0 |
| Tristan Landry 4 | 01:58,7 | 02:09,5 | 02:05,4 | 01:55,6 | 08:09,1 |
| Vincent Tétreault 1 | 01:50,2 | 02:04,5 | 02:09,7 | 02:04,4 | 08:08,8 |
| Benjamin Deslierres 2 | 01:46,9 | 01:56,5 | 01:58,1 | 01:57,5 | 07:39,0 |
| Marc-André Jamieson 3 | 01:42,1 | 01:48,0 | 01:48,8 | 01:46,9 | 07:05,9 |
| Oliver Love 4 | 01:40,5 | 01:52,7 | 01:57,1 | 02:00,0 | 07:30,3 |
| Romain Dussault 2 | 01:56,4 | 02:11,1 | 02:14,0 | 02:15,0 | 08:36,5 |

19-déc-14

| | | | | | |
|----------------------------|---------|---------|---------|---------|---------|
| Richard Martel -1 | 01:56,9 | 02:00,9 | 02:00,9 | 01:59,4 | 07:58,0 |
| Laurent Bizier 3 | | | | | 08:18,3 |
| Nicolas Martel 1 | 01:57,6 | 02:06,0 | 02:06,3 | 02:03,9 | 08:13,8 |
| Simon Martel 2 | 01:59,8 | 02:10,2 | 02:12,8 | 02:08,5 | 08:31,3 |
| Charlie Houle 3 | | | | | 09:21,2 |
| Ludovik Allen 4 | 01:47,1 | 01:53,7 | 01:56,4 | 01:56,4 | 07:33,6 |
| Oliver Love 5 | 01:45,8 | 01:55,4 | 01:59,8 | 02:00,6 | 07:41,6 |
| Ben (Beau-père de Tommy) | 01:50,0 | 02:07,5 | 02:20,7 | 02:09,5 | 08:27,6 |
| Tommy L-Boudreault 2 | 01:38,2 | 01:48,9 | 01:52,0 | 01:49,4 | 07:08,5 |
| Samuel St-Ours Rive-Nord 3 | | | | | 08:30,4 |
| Jay Dagenais 4 | 01:47,4 | 01:59,0 | 02:02,2 | 01:57,9 | 07:46,5 |
| Nico Gervais 5 | 01:43,8 | 01:50,3 | 01:53,6 | 01:53,5 | 07:21,1 |
| Olivier Dupuis Rive-Nord-1 | 01:45,6 | 01:54,6 | 01:57,9 | 01:58,5 | 07:36,6 |
| M-André Archambault-2 | 01:57,4 | 02:06,7 | 02:08,1 | 02:06,5 | 08:18,8 |
| Guillaume Archambault-3 | 01:54,5 | 02:10,7 | 02:21,9 | 02:13,1 | 08:40,1 |
| Benjamin DesLierres-4 | 01:46,1 | 01:58,3 | 02:03,8 | 02:01,6 | 07:49,8 |
| Daniel Dubois 5 | 01:48,6 | 01:54,5 | 01:57,1 | 01:52,5 | 07:32,7 |
| Catherine Pigeon 2 | 02:00,7 | 02:06,8 | 02:08,3 | 02:02,7 | 08:18,6 |
| Nathalie Vézeau 3 | 01:58,2 | 02:04,1 | 02:06,8 | 02:06,5 | 08:15,7 |
| Line Méthot 4 | 02:23,2 | 02:36,4 | 02:36,4 | 02:33,7 | 10:09,7 |
| Léa Mei-5 | 02:35,7 | 02:28,7 | 02:30,2 | 02:22,1 | 09:56,7 |

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|--------------------|---------|---------|---------|---------|---------|
| Nathalie Richard 1 | 02:15,3 | 02:15,1 | 02:13,4 | 02:15,4 | 08:59,1 |
| Josée Bélanger-2 | 02:16,2 | 02:21,7 | 02:20,1 | 02:18,5 | 09:16,5 |
| Édith Pelletier -3 | 02:12,9 | 02:43,7 | 02:37,1 | 02:30,1 | 10:13,7 |
| Nathalie Roy 4 | 02:09,9 | 02:10,2 | 02:10,1 | 02:07,8 | 08:37,9 |

25-janv-15

| | | | | | |
|---------|---------|---------|---------|---------|---------|
| Edith-1 | 02:30,4 | 02:39,6 | 02:35,4 | 02:33,9 | 10:19,2 |
| Kim-2 | 02:27,5 | 02:31,9 | 02:17,7 | 02:16,4 | 09:33,5 |
| Josée-3 | 02:17,9 | 02:19,3 | 02:23,0 | 02:20,5 | 09:20,7 |

| | | | | | |
|-----------|---------|---------|---------|---------|---------|
| Charlie-1 | 02:17,4 | 02:26,9 | 02:29,1 | 02:25,8 | 09:39,2 |
| Tommy-2 | 01:40,7 | 01:54,1 | 01:58,0 | 02:01,0 | 07:33,8 |
| Tristan-3 | 01:58,6 | 02:03,7 | 02:03,0 | 01:57,9 | 08:03,3 |

| | | | | | |
|-----------|---------|---------|---------|---------|---------|
| Edith-1 | 02:39,3 | 02:46,3 | 02:41,1 | 02:29,6 | 10:36,4 |
| Kim-2 | 02:24,9 | 02:22,2 | 02:21,1 | 02:17,2 | 09:25,4 |
| Josée-3 | 02:18,7 | 02:17,4 | 02:19,7 | 02:21,3 | 09:17,0 |
| Valérie-4 | 02:22,5 | 02:22,5 | 02:22,5 | 02:22,2 | 09:29,7 |

| | | | | | |
|-----------|---------|---------|---------|---------|---------|
| Charlie-1 | 02:35,9 | 02:37,3 | 02:35,1 | 02:24,9 | 10:13,2 |
| Oliver-2 | 01:53,7 | 01:56,8 | 01:56,8 | 01:57,7 | 07:45,0 |
| Tristan-3 | 02:02,3 | 02:10,9 | 02:09,9 | 02:06,5 | 08:29,5 |

| | | | | | |
|-----------|---------|---------|---------|---------|---------|
| Valérie-1 | 02:23,1 | 02:20,2 | 02:17,5 | 02:17,2 | 09:18,0 |
|-----------|---------|---------|---------|---------|---------|

01-mars-15

| | | | | | |
|-----------------|---------|---------|---------|---------|---------|
| Charlie Houle | 02:21,2 | 02:23,5 | 02:23,9 | 02:21,0 | 09:29,6 |
| Sébastien Houle | 01:58,0 | 02:00,2 | 01:59,6 | 01:57,4 | 07:55,3 |
| Charlie Houle | 02:27,9 | 02:28,1 | 02:27,5 | 02:23,4 | 09:46,9 |
| Sébastien Houle | 01:58,6 | 02:01,7 | 02:00,2 | 01:57,9 | 07:58,4 |

| | | | | | |
|-------------------------|---------|---------|---------|---------|---------|
| Romain Dussault | 02:06,6 | 02:09,8 | 02:11,3 | 02:06,1 | 08:33,8 |
| Romain Dussault 2e fois | 02:08,0 | 02:11,6 | 02:10,8 | 02:08,1 | 08:38,5 |

le 29 mars 2015 au chalet du parc de la Rivière

| | | | | | |
|-----------------|---------|---------|---------|---------|---------|
| Martin Scutt | 01:34,6 | 01:45,9 | 01:53,2 | 01:54,4 | 07:24,7 |
| Jérémy Dagenais | 01:50,6 | 01:58,0 | 02:02,9 | 02:01,6 | 07:53,1 |
| Oliver Love | 01:47,9 | 01:54,9 | 01:59,5 | 02:01,2 | 07:43,5 |
| Stephen Love | xxx | 01:44,2 | 01:57,1 | 02:02,4 | 07:46,6 |

| | | | | | |
|---------------|---------|---------|---------|---------|---------|
| Anne Gadbois | 02:03,3 | 02:08,3 | 02:10,4 | 02:09,3 | 08:31,3 |
| Charlie Houle | 02:12,4 | 02:17,5 | 02:17,5 | 02:17,4 | 09:04,8 |

| | | | | | |
|-----------------|---------|---------|---------|---------|---------|
| Romain Dussault | 02:01,6 | 02:06,4 | 02:05,6 | 02:01,2 | 08:14,9 |
|-----------------|---------|---------|---------|---------|---------|

21-nov-15

| | | | | | |
|-------------------------|---------|---------|---------|---------|---------|
| Catherine Lehoux-Dubois | 02:15,0 | 02:23,0 | 02:23,0 | 02:20,0 | 09:21,7 |
|-------------------------|---------|---------|---------|---------|---------|

le 22 novembre 2015 au centre de soccer dans le local de réunion

| | | | | | |
|--------------|---------|---------|---------|---------|---------|
| Stephen Love | 01:48,0 | 01:55,0 | 01:57,0 | 01:55 | 07:35,0 |
| Line Méthot | 02:33,0 | 02:36,0 | 02:34,0 | 02:35,0 | 10:18,5 |

| | | | | | |
|-------------------|---------|---------|---------|---------|---------|
| Catherine Pigeon | 01:58,8 | 02:09,7 | 02:11,0 | 02:06,6 | 08:26,1 |
| Karine Bety | 02:14,7 | 02:25,9 | 02:30,6 | 02:27,7 | 09:38,7 |
| Patrick Moussette | 01:58,5 | 02:09,5 | 02:03,4 | 02:00,9 | 08:12,3 |
| Jérémy Dagenais | 01:46,0 | 01:56,0 | 02:02,0 | 02:02,0 | 07:45,8 |

| | | | | | |
|-----------------|---------|---------|---------|---------|---------|
| Sébastien HOULE | 02:00,9 | 02:13,4 | 02:09,8 | 02:05,3 | 08:29,3 |
| Charlie HOULE | 02:03,3 | 02:11,2 | 02:14,9 | 02:16,0 | 08:45,4 |

| | | | | | |
|---------------------|---------|---------|---------|---------|--------------------------|
| Anne GADBOIS | 01:54,1 | 02:04,2 | 02:06,6 | 02:02,7 | 08:07,5 |
| Nathalie ROY | 02:03,9 | 02:10,6 | 02:13,8 | 02:11,8 | 08:40,0 |
| Geneviève BÉLANGER | 02:11,6 | 02:16,3 | 02:19,2 | 02:17,1 | 09:04,2 |
| Olivier BÉRUBÉ | 02:09,4 | 02:11,7 | 02:08,9 | 02:11,5 | 08:41,4 |
| Romain DUSSAULT | 01:54,6 | 02:00,3 | 02:00,9 | 01:59,8 | 07:55,5 |
| Victor JOLY | 01:53,4 | 02:01,9 | 02:01,9 | 01:55,1 | 07:52,3 |
| Oliver LOVE | 01:48,6 | 01:56,7 | 01:59,4 | 02:00,1 | 07:44,7 |
| Benjamin DESLIERRES | 01:43,2 | 01:51,5 | 01:54,5 | 01:53,2 | 07:22,3 Record personnel |

le 16 décembre 2015 au centre de soccer dans l'entrepôt

| | | | | | |
|-----------------------|---------|---------|---------|---------|---------|
| 1-Oliver Love | 01:49,8 | 01:58,3 | 02:01,7 | 02:01,2 | 07:50,9 |
| 2-Daniel Aucoin | 01:56,8 | 01:58,2 | 01:57,8 | 01:52,9 | 07:45,7 |
| 3-René Pelchat | 01:43,5 | 01:43,9 | 01:45,3 | 01:44,9 | 06:57,5 |
| 1-Felix Parent | 02:23,2 | 02:32,1 | 02:29,6 | 02:22,9 | 09:47,8 |
| 2-Richard Martel | 01:54,8 | 01:59,0 | 02:02,3 | 02:03,2 | 07:59,0 |
| 3-Genevieve Martineau | 02:15,4 | 02:22,8 | 02:19,5 | 02:06,5 | 09:04,1 |
| 4-Nico Martel | 01:53,3 | 01:58,9 | 02:05,1 | 02:03,6 | 08:00,9 |
| 2- | | | | | |
| 3-Karine Bety | 02:16,0 | 02:22,4 | 02:23,7 | 02:21,5 | 09:23,7 |
| 4-Catherine Pigeon | 02:01,6 | 02:07,1 | 02:09,0 | 02:02,8 | 08:20,5 |
| 1-Martin Scutt | 01:44,5 | 01:53,9 | 01:53,3 | 01:51,3 | 07:23,1 |
| 2-Benjamin Deslierres | 01:47,0 | 01:51,2 | 01:53,8 | 01:54,4 | 07:26,4 |
| 3-Sébastien Houle | 01:57,4 | 02:04,7 | 02:04,6 | 02:04,3 | 08:11,0 |
| 4-Charlie Houle | 02:09,2 | 02:11,8 | 02:12,6 | 02:10,9 | 08:44,6 |
| 1-Patrick Moussette | 01:50,4 | 01:55,0 | 01:55,3 | 01:53,9 | 07:34,6 |
| 2-Romain Dussault | 01:53,8 | 01:57,0 | 01:58,0 | 01:57,3 | 07:46,2 |
| 3-Victor Joly | 01:52,1 | 01:54,4 | 01:54,6 | 01:48,8 | 07:30,0 |

| | | | | | |
|----------------------|---------|---------|---------|---------|---------|
| 4-Francois Joly | 01:55,4 | 02:01,3 | 01:59,3 | 01:56,0 | 07:52,0 |
| 1-Marcel Provost | 02:03,9 | 02:13,6 | 02:18,7 | 02:11,5 | 08:47,7 |
| 2-Melanie Luneau | 01:52,2 | 02:09,5 | 02:12,8 | 02:06,1 | 08:20,6 |
| 3-Genevieve Bélanger | 02:10,4 | 02:15,4 | 02:15,4 | 02:12,8 | 08:54,0 |
| 4-Jean-Michel Viau | 01:37,2 | 01:47,8 | 01:54,1 | 01:57,5 | 07:16,6 |

| | | | | | |
|-------------------------|---------|---------|---------|---------|---------|
| Catherine Lehoux-Dubois | | | | | 09:12,1 |
| | 02:09,0 | 02:18,2 | 02:20,2 | 02:22,2 | 02:19,7 |

17-janv-16

| | | | | | |
|---------------|---------|---------|---------|---------|---------|
| François Joly | | | | | 07:58,7 |
| | 01:49,6 | 02:00,0 | 02:03,3 | 02:02,7 | 02:02,6 |

24-janv-16

| | | | | | |
|---------------|---------|---------|---------|---------|---------|
| François Joly | 01:58,2 | 02:12,0 | 02:20,0 | 02:01,0 | 08:32,5 |
|---------------|---------|---------|---------|---------|---------|

6 février 2015 au Champ. Québécois au CSCR

| | | | | | |
|-------------------|---------|---------|-----------------|---------|---------------------------|
| Charlie Houle | 02:02,0 | 02:06,0 | 1000 metres U15 | | 04:08,0 |
| Romain Dussault | 01:53,0 | 01:57,0 | 04:04 | | 07:54,3 1er 1000m en 3:50 |
| Victor Joly | 01:49,0 | 01:55,0 | 03:51 | | 07:34,7 1er 1000m en 3:44 |
| Patrick Moussette | 01:46,0 | 01:56,0 | 01:57,0 | 01:55,0 | 07:34,4 |
| Anne Gadbois | 01:57,0 | 02:05,0 | 02:08,0 | 02:07,0 | 08:15,0 |
| Gneviève Bélanger | 02:06,0 | 02:10,0 | 02:19,0 | 02:21,0 | 08:56,3 |
| Daniel Aucoin | | | | | 07:43,8 |
| Stephen Love | | | | | 07:35,7 |
| Martin Scutt | 01:45,0 | 01:50,0 | 01:52,0 | 01:50,0 | 07:19,2 |

7 février 2016 au centre de soccer

| | | | | | |
|-----------------|---------|---------|---------|---------|---------|
| Richard Martel | 01:57,1 | 01:59,0 | 2;20,5 | 02:07,6 | 08:24,2 |
| Nicolas Martel | 01:58,0 | 02:00,1 | 02:06,3 | 02:04,9 | 08:09,3 |
| Sébastien Houle | 01:59,0 | 02:05,9 | 02:06,4 | 02:06,2 | 08:17,5 |
| Charlie Houle | 02:06,1 | 02:14,3 | 02:16,2 | 02:09,4 | 08:46,0 |

12 février 2016 au centre de soccer

| | | | | | |
|-------------------------|---------|---------|---------|---------|---------|
| Catherine Lehoux-Dubois | 02:11,9 | 02:14,9 | 02:15,6 | 02:16,1 | 08:58,3 |
|-------------------------|---------|---------|---------|---------|---------|

28 février 2016 au centre de soccer

| | | | | | |
|---------------------|---------|---------|---------|---------|----------------------|
| Charlie Houle 1 | 02:07,9 | 02:11,7 | 02:15,0 | 02:20,8 | 08:55,4 malade |
| Sébastien Houle 1 | 02:04,4 | 02:07,7 | 02:07,1 | 02:07,8 | 08:27,0 |
| David Oceau 1 | 01:51,1 | 01:52,3 | 01:49,4 | 01:48,5 | 07:21,2 warm-up |
| Charlie Houle | non | | | | |
| Sébastien Houle 2 | 02:05,4 | 02:11,2 | 02:09,3 | 02:09,3 | 08:35,2 |
| David Oceau 2 | 01:39,4 | 01:39,6 | 01:37,3 | 01:33,5 | 06:29,7 |
| Nathalie Roy 1 | 02:16,2 | 02:16,3 | 02:15,5 | 02:14,8 | 09:02,8 |
| Charlie Houle 2 | 02:15,2 | 02:19,2 | 02:19,8 | 02:18,8 | 09:13,0 |
| Sébastien Houle 3 | 02:06,4 | 02:10,9 | 02:09,0 | 02:07,1 | 08:33,4 |
| David Oceau 3 | 01:54,2 | 01:58,3 | 01:52,0 | 01:45,3 | 07:29,8 |
| Nathalie Roy 2 | 02:15,0 | 02:15,3 | 02:14,0 | 02:13,0 | 08:57,3 |
| Patrick Moussette 1 | 02:00,8 | 02:03,2 | 02:00,5 | 01:56,2 | 08:00,7 |
| Victor Joly 1 | 02:02,9 | 02:06,5 | 02:09,1 | 02:02,8 | 08:21,3 |
| Martin Scutt 1 | | | | | 07:34,5 |
| François Joly 1 | 01:58,5 | 02:06,4 | 02:05,7 | 01:58,7 | 08:09,2 |
| Victor Joly 2 | 02:05,8 | 02:03,0 | 02:01,7 | 01:57,3 | 08:07,8 |
| Patrick Moussette 2 | 01:52,2 | 01:56,0 | 01:55,8 | 01:53,1 | 07:37,1 |
| Nathalie Roy 3 | 02:09,2 | 02:10,0 | 02:08,0 | 02:04,2 | 08:31,4 |
| Martin Scutt 2 | 01:51,4 | 01:56,8 | 01:56,5 | 01:55,3 | 07:40,0 pas de pause |
| François Joly 2 | 01:55,3 | 02:07,7 | 02:11,4 | 02:01,9 | 08:16,2 |
| Patrick Moussette 3 | 01:54,3 | 01:58,2 | 01:59,4 | 01:53,2 | 07:45,2 |
| Victor Joly 3 | 02:05,0 | 02:01,1 | 01:59,0 | 01:59,3 | 08:04,5 |
| Martin Scutt 3 | 01:54,7 | 01:57,7 | 01:58,2 | 01:53,5 | 07:44,1 |

3 avril 2016 centre de soccer

| | | | | | |
|----------------|---------|---------|---------|---------|---------|
| Stephen Love 2 | 01:50,7 | 01:52,1 | 01:52,7 | 01:54,1 | 07:29,7 |
| Nathalie Roy 3 | 02:06,3 | 02:08,6 | 02:09,2 | 02:09,2 | 08:33,3 |

| | | | | | | | |
|-----------------------|--|---------|---------|---------|---------|---------|--------------------|
| Nico Martel 2 | | 01:59,5 | 02:00,1 | 02:02,7 | 02:01,9 | 08:04,3 | |
| Sébastien Houle 3 | | 01:59,3 | 02:02,7 | 02:02,5 | 02:03,7 | 08:08,2 | |
| Charlie Houle 4 | | 02:06,2 | 02:06,5 | 02:08,0 | 02:10,3 | 08:30,9 | |
| Romain Dussault 1 | | 01:52,9 | 01:56,8 | 02:45,4 | 02:02,6 | 08:37,8 | Abandon temporaire |
| Victor Joly 2 | | 01:50,6 | 01:54,7 | 01:57,7 | 01:55,6 | 07:38,6 | |
| Patrick Moussette 3 | | 01:49,9 | 01:52,7 | 01:53,2 | 01:50,8 | 07:26,6 | |
| Émile Parent 4 | | 02:03,7 | 02:07,1 | 02:03,6 | 02:00,4 | 08:14,9 | |
| Stephen Love 1 test | | | | | | | |
| Geneviève Martineau 2 | | 02:10,7 | 02:17,4 | 02:17,1 | 02:15,5 | 09:00,7 | |
| Béatrice Dussault 3 | | 02:14,7 | 02:27,6 | | | 04:43,0 | 1000 m |
| Félix Parent 4 | | 02:20,6 | 02:26,9 | 02:24,6 | 02:19,0 | 09:32,0 | |

20 décembre 2016 centre de soccer

objectif

| | | | | | | | |
|-----------------------------|----------------------|---------|---------|---------|---------|---------|------------------|
| Richard Martel (matin seul) | | 01:50,4 | 01:57,7 | 02:01,8 | 02:00,5 | 07:50,4 | |
| Béatrice Dussault 1000 m | 4:20 ou 2:10/500 m | 02:05,7 | 02:13,7 | 02:22,0 | 02:23,7 | 02:16,0 | 04:32,4 |
| Camélie Houle 1000 m | 4:30 ou 2:15/500 m | 02:17,2 | 02:18,2 | 02:17,2 | 02:17,0 | 02:12,5 | 04:32,9 |
| Sylvie Lavallée | 8:56 ou 2:14 / 500 m | 02:12,1 | 02:21,2 | 02:25,1 | 02:25,8 | 2:20,3 | 09:23,8 |
| Martine Lavoie | 8:56 ou 2:14 / 500 m | 02:08,3 | 02:12,6 | 02:13,8 | 02:14,6 | 02:08,7 | 08:46,6 |
| Roger Gagnon | 8:00 ou 2:00/500 m | 01:43,8 | 01:59,7 | 01:59,9 | 01:56,6 | 07:40,0 | record personnel |
| Pierre Moussette | 8:00 ou 2:00/500 m | 01:49,8 | 01:54,9 | 01:56,2 | 01:56,5 | 07:37,3 | |
| Alex Dodier | | 01:40,6 | 01:52,8 | 01:56,6 | 01:52,7 | 07:22,7 | |
| Alain Tremblay | 8:40 ou 2:10/500 m | 02:01,1 | 02:09,3 | 02:12,6 | 02:06,8 | 08:29,8 | |
| Mathieu Fillion | 7:56 ou 1:59/500 m | 01:48,3 | 01:55,9 | 01:57,0 | 01:52,8 | 07:33,9 | Record personnel |
| Sébastien Houle | 8:00 ou 2:00/500 m | 01:56,1 | 01:59,0 | 01:59,1 | 01:56,6 | 07:50,9 | |
| Charlie Houle | 8:00 ou 2:00/500 m | 01:55,6 | 02:00,0 | 02:01,1 | 01:55,4 | 07:51,2 | |
| Daniel Aucoin | 7:52 ou 1:58/500 m | 01:56,6 | 01:57,2 | 01:57,1 | 01:53,4 | 07:44,3 | |
| Thomas Dodier | 7:20 ou 1:50/500 m | 01:50,0 | 01:54,9 | 01:54,5 | 01:49,8 | 07:29,3 | |

| | | | | | | |
|-------------------------|---------------------|---------|---------|---------|---------|--------------------------|
| Mélanie Luneau | 8:20 ou 2:05/500 m | 02:02,0 | 02:04,7 | 02:04,8 | 01:59,9 | 08:11,5 |
| Nathalie Roy | 8:36 ou 2:09 /500 m | 02:07,3 | 02:09,3 | 02:09,8 | 02:06,8 | 08:33,2 |
| Kim Papadimitriou | 8:40 ou 2:10/500 m | 02:07,9 | 02:08,9 | 02:08,6 | 02:06,6 | 08:32,0 |
| Marie-Josée Charbonneau | 8:40 ou 2:10/500 m | 02:02,6 | 02:07,6 | 02:09,6 | 02:09,3 | 08:29,2 |
| Catherine Lehoux-Dubois | 8:40 ou 2:10/500 m | 02:04,5 | 02:09,9 | 02:11,1 | 02:12,0 | 08:37,5 Record personnel |
| Valérie Boudreau | | 02:09,4 | 02:13,6 | 02:16,5 | 02:18,7 | 08:58,2 |
| Stephen Love | 7:28 ou 1:52/500 m | 01:50,9 | 01:54,3 | 01:54,7 | 01:57,0 | 07:36,9 |
| Romain Dussault | 7:36 ou 1:54/500 m | 01:49,4 | 01:53,4 | 01:52,8 | 01:51,2 | 07:26,8 Record personnel |
| Oliver Love | 7:40 ou 1:55 /500 m | 01:51,2 | 01:56,5 | 02:01,9 | 02:02,2 | 07:51,8 |
| Parick Moussette | 7:40 ou 1:55 /500 m | 01:49,6 | 01:52,7 | 01:53,2 | 01:50,9 | 07:26,4 Record personnel |
| Jean-Simon Landry | | 01:38,8 | 01:57,5 | 02:04,5 | 02:03,4 | 07:44,1 |
| Jean-Michel Viau | 7:00 ou 1:45/500 m | 01:42,6 | 01:44,8 | 01:45,7 | 01:46,3 | 06:59,4 |
| Martin Scutt | 7:00 ou 1:45/500 m | 01:41,8 | 01:48,4 | 01:50,2 | 01:48,0 | 07:08,4 |
| Marc-André-Jamieson | 7:00 ou 1:45/500 m | 01:43,2 | 01:46,1 | 01:46,4 | 01:43,3 | 06:59,0 |

5 février 2017 au Championnat québécois à Boucherville

| | | | | | | |
|------------------------|---------------------|---------|---------|---------|---------|--------------------------|
| Camélie Houle 1000 m | | 02:16,0 | 02:20,0 | | | 04:36,0 |
| Charlie Houle | | 01:56,0 | 01:57,0 | 01:59,0 | 01:56,0 | 07:48,6 Record personnel |
| Romain Dussault | 07:24 | 01:50,0 | 01:54,0 | 01:53,0 | 01:55,0 | 07:31,6 |
| Mathieu Fillion | 7:28 ou 1:52/500 m | 01:53,0 | 01:55,0 | 01:55,0 | 01:54,0 | 07:37,4 |
| Daniel Aucoin | 7:48 ou 1:57/500 m | | | | | 07:46,0 |
| Martin Scutt | 7:00 ou 1:45/500 m | 01:44,0 | 01:47,0 | 01:48,0 | 01:49,0 | 07:08,0 |
| Stephen Love | 7:40 ou 1:55 /500 m | 01:52,0 | 01:54,0 | 01:55,0 | 01:53,0 | 07:34,4 |
| Sébastien Houle 1000 m | 3:40 ou 1:50 /500 m | 01:51,8 | 01:51,7 | | | 03:43,5 |

Le 7 février 2017 au centre de soccer

| | | | | | | |
|------------------|--|---------|---------|---------|---------|----------------------|
| Martine Lavoie | | 02:08,6 | 02:11,5 | 02:13,6 | 02:09,2 | 08:42,9 Record perso |
| Estelle Fournier | | 02:14,5 | 02:22,8 | 02:24,6 | 2:23.1 | 09:24,8 |
| Alain Tremblay | | 02:04,3 | 02:21,3 | 02:09,6 | 02:05,5 | 08:40,7 |
| Sylvie Lavallée | | 02:16,1 | 02:23,2 | 02:27,4 | 02:21,8 | 09:28,5 |

| | | | | | |
|-------------------|---------|---------|---------|---------|---------|
| Nathalie Roy | 02:06,9 | 02:10,3 | 02:10,0 | 02:09,4 | 08:36,6 |
| Patrick Moussette | 01:50,9 | 01:54,9 | 01:56,0 | 01:53,0 | 07:34,7 |
| Pierre Moussette | 02:03,6 | 02:02,8 | 02:02,2 | 02:01,5 | 08:10,1 |

Le 5 mars 2017 au centre de soccer

| | | | | | |
|-------------------|---------|---------|---------|---------|--------------------------|
| Alain Tremblay | 02:03,1 | 02:09,0 | 02:07,5 | 02:04,5 | 08:24,1 record personnel |
| Charlie Houle | 01:57,1 | 01:58,3 | 01:59,2 | 01:58,7 | 07:53,3 |
| Sébastien Houle | 01:54,5 | 01:56,4 | 01:56,7 | 01:56,9 | 07:44,5 record personnel |
| Patrick Moussette | 01:49,6 | 01:52,6 | 01:53,4 | 01:51,0 | 07:26,8 |
| Mathieu Fillion | 01:53,1 | 01:54,7 | 01:56,4 | 01:52,5 | 07:36,7 |

1000m

| | | | | | |
|--------------------|---------|---------|--|--|--------------------------|
| Raymonde Cousineau | 02:27,2 | 02:32,4 | | | 04:59,6 Record personnel |
| Camélie Houle | 02:16,2 | 02:13,6 | | | 04:29,7 Record personnel |
| Josée Malo | 02:18,2 | 02:25,9 | | | 04:44,1 Record personnel |

| | | | | | |
|------------------|---------|---------|---------|---------|--------------------------|
| Jean-michel Viau | 01:44,0 | 01:44,2 | 01:44,1 | 01:42,3 | 06:54,5 Record personnel |
| Martin Scutt | 01:45,6 | 01:47,2 | 01:48,3 | 01:46,6 | 07:07,7 Record personnel |
| Stephen Love | 01:51,1 | 01:52,0 | 01:52,1 | 01:51,1 | 07:26,3 Record personnel |
| Pierre Moussette | 01:53,6 | 01:54,6 | 01:54,4 | 01:50,8 | 07:33,5 Record personnel |

| | | | | | |
|-------------------------|---------|---------|---------|---------|--------------------------|
| Sylvie Lavallée | 02:12,6 | 02:17,8 | 02:20,0 | 02:16,9 | 09:07,4 Record personnel |
| Catherine Lehoux-dubois | 02:06,6 | 02:11,4 | 02:12,2 | 02:12,1 | 08:42,3 |
| Martine Lavoie | 02:09,7 | 02:10,2 | 02:10,4 | 02:07,2 | 08:37,5 Record personnel |
| Mélanie Luneau | 02:00,5 | 02:03,7 | 02:04,2 | 02:00,0 | 08:08,4 Record personnel |

Le 7 mars 2017 au centre de soccer

| | | | | | |
|---------------------------|---------|---------|---------|---------|---------|
| Romain Dussault tout seul | 01:49,0 | 01:52,3 | 01:54,2 | 01:57,1 | 07:32,6 |
|---------------------------|---------|---------|---------|---------|---------|

Le 2 avril 2017 au centre de soccer

3 x 2000 m

| | | | | | |
|----------------------------|---------|---------|---------|---------|--------------------------|
| Mathieu Fillion -1 | 01:53,2 | 01:56,2 | 01:56,7 | 01:57,5 | 07:43,7 |
| Régis Fillion -1 | 01:57,5 | 02:05,7 | 02:06,8 | 02:06,9 | 08:16,9 record personnel |
| Roger Gagnon -1 | 02:01,6 | 02:02,8 | 02:02,1 | 02:01,5 | 08:08,1 |
| Catherine Lehoux-Dubois -1 | 02:10,8 | 02:14,2 | 02:14,2 | 02:14,1 | 08:53,3 |
| Martine Lavoie -1 | 02:13,0 | 02:12,8 | 02:13,0 | 02:12,4 | 08:51,2 |
| Camélie Houle -1 | 02:54,6 | 02:33,9 | 02:35,7 | 02:33,2 | 10:37,4 |
| Sébastien Houle -1 | 02:00,8 | 02:01,6 | 02:02,1 | 02:02,1 | 08:06,5 |
| Mathieu Fillion -2 | 01:55,2 | 01:58,4 | 01:59,1 | 01:59,4 | 07:52,1 |
| Régis Fillion -2 | 02:02,6 | 02:07,1 | 02:07,2 | 02:04,8 | 08:21,8 |
| Alain Tremblay -1 | 02:11,1 | 02:08,8 | 02:13,4 | 02:09,8 | 08:43,2 |
| Roger Gagnon -2 | 02:01,3 | 02:02,7 | 02:03,5 | 02:04,1 | 08:11,6 |
| Catherine Lehoux-Dubois -2 | 02:12,1 | 02:14,4 | 02:14,5 | 02:14,2 | 08:55,2 |
| Martine Lavoie -2 | 02:13,7 | 02:12,7 | 02:13,1 | 02:12,3 | 08:51,8 |
| Camélie Houle -2 | 02:48,5 | 02:40,5 | 02:49,7 | 02:45,0 | 11:03,6 |
| Sébastien Houle -2 | 01:59,7 | 02:00,6 | 02:00,5 | 02:01,1 | 08:01,8 |
| Jean-Michel Viau -1 | 01:42,5 | 01:44,6 | 01:45,8 | 01:46,7 | 06:59,6 |
| Mathieu Fillion -3 | 01:51,7 | 01:54,8 | 01:54,9 | 01:51,1 | 07:32,6 record personnel |
| Régis Fillion -3 | 02:01,3 | 02:06,8 | 02:06,0 | 02:04,7 | 08:18,8 |
| Alain Tremblay -2 | 02:01,8 | 02:09,6 | 02:10,1 | 02:08,2 | 08:29,7 |
| Roger Gagnon -3 | 01:57,2 | 02:00,9 | 02:03,8 | 02:04,1 | 08:06,0 |
| Catherine Lehoux-Dubois -3 | 02:10,7 | 02:13,5 | 02:14,6 | 02:13,9 | 08:52,8 |
| Martine Lavoie -3 | 02:11,2 | 02:12,9 | 02:14,3 | 02:08,9 | 08:47,3 |
| Camélie Houle -3 | 02:21,0 | 02:15,3 | | | 04:36,3 |
| Sébastien Houle -3 | 01:58,9 | 02:01,2 | 02:01,9 | 02:00,4 | 08:02,3 |
| Emmanuel Brien -1 | 01:49,8 | 01:49,8 | 01:51,0 | 01:51,9 | 07:22,0 |
| Jean-Michel Viau -2 | 01:44,5 | 01:45,6 | 01:47,6 | 01:47,3 | 07:05,0 |
| Alain Tremblay -3 | 02:02,6 | 02:12,0 | 02:09,0 | 02:08,5 | 08:32,1 |
| Marie-Josée Charbonneau -1 | 02:13,6 | 02:12,0 | 02:12,7 | 02:12,6 | 08:50,8 |
| Emmanuel Brien -2 | 01:46,5 | 01:54,8 | 01:56,1 | 01:58,1 | 07:35,5 |
| Jean-Michel Viau -3 | 01:46,3 | 01:48,6 | 01:48,5 | 01:46,8 | 07:10,2 |
| Marie-Josée Charbonneau -2 | 02:07,6 | 02:08,7 | 02:10,8 | 02:09,3 | 08:36,5 |
| Emmanuel Brien -3 | 01:48,6 | 01:53,6 | 01:56,7 | 01:56,6 | 07:35,5 |
| Romain Dusault -1 | 01:52,7 | 01:55,6 | 01:56,7 | 01:58,6 | 07:43,6 |

Le 13 juillet 2017 dans le hangar Test de vérification de mise en forme

| | | | | | | |
|-----------------|---------|---------|---------|---------|---------|------------------|
| Ludovik Allen | 01:47,8 | 01:49,6 | 01:50,0 | 01:50,0 | 07:17,5 | record personnel |
| Romain Dussault | 01:50,5 | 01:54,5 | 01:54,5 | 01:53,0 | 07:32,6 | |

Le 13 novembre 2017 à la maison

| | | | | | | |
|------------------|---------|---------|---------|---------|---------|--|
| Jean-Michel Viau | 01:41,4 | 01:43,4 | 01:45,8 | 01:49,1 | 06:59,7 | |
|------------------|---------|---------|---------|---------|---------|--|

Le 14 novembre 2017 au centre de soccer

| | | | | | | |
|---|---------|---------|---------|---------|---------|------------------|
| Stephen Love | 01:51,3 | 01:53,7 | 01:55,0 | 01:54,7 | 07:34,7 | |
| Sébastien Houle | 01:57,1 | 02:00,0 | 02:02,0 | 01:58,2 | 07:57,3 | |
| Roger Gagnon | 01:53,2 | 01:57,3 | 02:00,5 | 02:01,8 | 07:52,7 | |
| Alain Tremblay | 02:01,3 | 02:12,4 | 02:08,3 | 02:06,2 | 08:28,2 | |
| Sylvie Lavallée | 02:22,7 | 02:24,3 | 02:25,7 | 02:23,1 | 09:35,7 | |
| Martin Scutt | 01:43,2 | 01:48,2 | 01:51,6 | 01:51,4 | 07:14,4 | |
| Andrew Scutt | 02:52,7 | 02:42,8 | 02:35,6 | 02:33,8 | 10:44,9 | Première fois |
| Collin Gariépy | 02:27,4 | 02:28,2 | 02:29,3 | 02:23,2 | 09:48,2 | Première fois |
| Alexandre Boisvert | 02:10,4 | 02:20,2 | 02:18,6 | 02:11,0 | 09:00,1 | Première fois |
| Charlie Houle | 01:50,1 | 01:56,4 | 01:57,6 | 01:55,8 | 07:39,8 | Record personnel |
| Romain Dussault | 01:46,5 | 01:50,9 | 01:51,6 | 01:53,8 | 07:22,7 | Record personnel |
| Anabelle Morin | 02:13,1 | 02:21,7 | 02:28,0 | 02:30,6 | 09:34,0 | Première fois |
| Kim Papadimitriou | 01:55,8 | 01:59,0 | 02:01,7 | 02:02,6 | 07:59,1 | Record personnel |
| Yvan Lavoie | 02:35,8 | 02:48,0 | 02:47,1 | 02:32,8 | 10:43,6 | Première fois |
| Magali Ouellet | 02:18,4 | 02:20,7 | 02:18,6 | 02:18,9 | 09:16,6 | Première fois |
| Mathieu Fillion | 01:51,7 | 01:53,6 | 01:55,8 | 01:51,8 | 07:32,9 | |
| Valerie Provost | 02:16,6 | 02:19,8 | 02:22,9 | 02:24,2 | 09:23,5 | |
| Eve Martin | 02:12,5 | 02:26,1 | 02:27,3 | 02:17,7 | 09:23,6 | Première fois |
| Martine Lavoie | 02:11,5 | 02:15,6 | 02:16,0 | 02:14,4 | 08:57,5 | |
| Camelie Houle | 02:11,8 | 02:09,0 | 02:10,8 | 02:12,2 | 08:43,7 | Record personnel |
| 15 novembre 2017 au centre de soccer | | | | | | |
| Rose-Anne Rioux | 02:17,1 | 02:20,6 | 02:24,1 | 02:22,6 | 09:24,3 | Première fois |
| 16 décembre 2017 au centre de soccer | | | | | | |
| Martin Scutt | 01:45,8 | 01:48,1 | 01:49,3 | 01:47,5 | 07:10,6 | |

| | | | | | | |
|---|---------|---------|---------|---------|---------|------------------|
| Andrew Scutt | 02:33,9 | 02:33,0 | 02:27,8 | 02:19,9 | 09:54,7 | Record personnel |
| 17 décembre 2017 au centre de soccer | | | | | | |
| Yvan Lavoie | 02:32,6 | 02:38,9 | 02:37,5 | 02:31,9 | 10:20,8 | Record personnel |
| 18 décembre 2017 au centre de soccer | | | | | | |
| Marc-André Jamieson | 01:51,7 | 01:54,2 | 01:53,9 | 01:49,1 | 07:28,9 | |
| 19 décembre 2017 au centre de soccer | | | | | | |
| Sylvie Lavallée | 02:16,3 | 02:18,7 | 02:18,2 | 02:15,5 | 09:08,7 | |
| Rose-Anne Rioux | 02:21,8 | 02:21,4 | 02:20,5 | 02:24,7 | 09:28,4 | |
| Sébastien Houle | 01:54,4 | 01:58,3 | 02:00,0 | 01:58,1 | 07:50,8 | |
| Oliver Love | 01:56,6 | 02:00,9 | 02:03,6 | 02:00,7 | 08:01,8 | |
| Kim Papadimitriou | 01:57,3 | 02:03,5 | 03:54,0 | 02:01,5 | 09:56,8 | |
| Catherine Lehoux-Dubois | 02:04,5 | 02:10,3 | 02:11,3 | 02:10,6 | 08:36,7 | Record personnel |
| Alain Tremblay | 02:03,4 | 02:08,1 | 02:07,9 | 02:06,2 | 08:25,7 | |
| Roger Gagnon | 01:52,6 | 01:54,9 | 01:57,0 | 01:59,9 | 07:44,4 | |
| Stephen Love | 01:52,8 | 01:57,3 | 01:57,4 | 01:54,0 | 07:41,5 | |
| Magalie Ouellet | 02:14,7 | 02:15,3 | 02:14,1 | 02:11,9 | 08:55,9 | Record personnel |
| Collin Gariépy | 02:19,9 | 02:22,0 | 02:22,7 | 02:20,8 | 09:25,4 | Record personnel |
| Mélanie Luneau | 02:01,9 | 02:04,9 | 02:06,7 | 02:04,6 | 08:18,1 | |
| Camélie Houle | 02:16,0 | 02:14,6 | 02:14,3 | 02:10,9 | 08:55,9 | |
| Martine Lavoie | 02:10,7 | 02:12,0 | 02:13,0 | 02:07,5 | 08:43,2 | |
| Catherine Boisvert | 02:19,9 | 02:27,8 | 02:30,2 | 02:25,0 | 09:42,9 | Première fois |
| Jean-Michel Viau | 01:41,4 | 01:41,9 | 01:43,5 | 01:44,2 | 06:50,9 | Record personnel |
| Romain Dussault | 01:50,4 | 01:52,6 | 01:52,2 | 01:52,1 | 07:27,4 | |
| Charlie Houle | 01:52,1 | 01:53,2 | 01:55,3 | 01:52,8 | 07:33,4 | Record personnel |
| Alexandre Boisvert | 02:04,7 | 02:07,4 | 02:07,7 | 02:07,5 | 08:27,3 | Record personnel |
| Daniel Aucoin | 01:55,2 | 01:56,8 | 01:57,3 | 01:55,6 | 07:45,0 | |
| Nicolas Gervais | 01:37,9 | 01:43,4 | 01:47,1 | 01:50,8 | 06:59,2 | |
| 22 décembre 2017 au centre de soccer | | | | | | |
| Mathieu Fillion | 01:50,7 | 01:52,1 | 01:52,1 | 01:50,9 | 07:25,9 | Record personnel |

Total de 26 membres qui ont fait un 2000 m en décembre 2017 !

4 février 2018 à l'école des Trois-Saisons, championnat québécois d'aviron en salle

| | | | | | | |
|-------------------------|---------|---------|---------|---------|---------|------------------|
| Matheo Parent | 02:22,0 | 02:22,7 | 00:00,0 | 00:00,0 | 04:44,7 | |
| Camélie Houle | 02:03,2 | 02:10,4 | 00:00,0 | 00:00,0 | 04:13,6 | Record personnel |
| Felix Parent | 02:02,2 | 02:04,9 | 00:00,0 | 00:00,0 | 04:07,1 | |
| Alexandre Boisvert | 02:03,3 | 02:08,7 | 00:00,0 | 00:00,0 | 04:12,0 | |
| Charlie Houle | 01:52,5 | 01:53,7 | 01:54,3 | 01:51,1 | 07:31,6 | Record personnel |
| Emile Parent | 01:51,7 | 01:59,9 | 02:00,9 | 01:58,8 | 07:51,3 | |
| Mathieu Fillion | 01:50,6 | 01:52,0 | 01:51,7 | 01:49,0 | 07:23,3 | Record personnel |
| Romain Dussault rhume | 01:50,6 | 01:53,2 | 01:54,9 | 01:55,8 | 07:34,5 | |
| Catherine Lehoux-Dubois | 02:07,1 | 02:09,0 | 02:09,7 | 02:09,9 | 08:35,7 | Record personnel |
| Jean-Michel Viau | 01:38,8 | 01:41,0 | 01:43,9 | 01:45,8 | 06:49,5 | Record personnel |
| Daniel Aucoin | 01:57,9 | 01:57,1 | 01:56,9 | 01:52,9 | 07:44,8 | |
| Martin Scutt | 01:42,9 | 01:47,0 | 01:50,0 | 01:48,6 | 07:08,5 | |
| Stephen Love | 01:55,1 | 01:55,8 | 01:55,9 | 01:54,2 | 07:41,0 | |
| Mélanie Luneau | 01:56,4 | 01:57,2 | | | 03:53,6 | |
| Sébastien Houle | 01:49,7 | 01:52,0 | | | 03:41,7 | |
| Roger Gagnon | 01:42,6 | 01:50,6 | | | 03:33,2 | |
| Alain Tremblay | 01:53,6 | 01:59,5 | | | 03:53,1 | |

5 avril 2018 au centre de soccer

| | | | | | | |
|-----------------|---------|---------|---------|---------|---------|--------------------------|
| Martine Lavoie | 02:06,4 | 02:08,7 | 02:09,1 | 02:04,9 | 08:29,1 | record personnel |
| Mathieu Fillion | 01:49,2 | 01:51,8 | 01:54,9 | 01:55,4 | 07:31,4 | Don de sang huit jours a |

8 avril 2018 au centre de soccer

| | | | | | | |
|-------------------|---------|---------|---------|---------|---------|------------------|
| Véronique Brun | 02:28,5 | 02:28,9 | 02:29,7 | 02:26,9 | 09:54,1 | |
| Andréanne BR | 02:20,1 | 02:19,0 | 02:17,1 | 02:11,7 | 09:07,9 | |
| Sylvie Courchesne | 02:33,3 | 02:33,4 | 02:33,6 | 02:25,1 | 10:05,4 | |
| Yvan Lavoie | 02:17,3 | 02:24,0 | 02:26,3 | 02:23,9 | 09:31,5 | record personnel |
| Roseanne Rioux | 02:13,0 | 02:21,5 | 02:24,5 | 02:24,2 | 09:23,2 | |

| | | | | | |
|------------------|---------|---------|---------|---------|--------------------------|
| Jean-Michel Viau | 01:43,8 | 01:44,8 | 01:44,9 | 01:45,0 | 06:58,4 |
| Andrew Scutt | 02:10,6 | 02:13,4 | 02:13,7 | 02:08,6 | 08:46,3 record personnel |
| Martin Scutt | 01:43,7 | 01:47,0 | 01:48,7 | 01:47,3 | 07:06,8 record personnel |
| Sebastien Houle | 01:55,2 | 01:56,4 | 01:55,4 | 01:53,3 | 07:40,2 record personnel |
| Charlie Houle | 01:54,1 | 01:55,9 | 01:56,3 | 01:52,9 | 07:39,2 |
| Alain Tremblay | 02:00,1 | 02:10,4 | 02:05,9 | 02:05,7 | 08:22,1 record personnel |
| Stephen Love | 01:55,0 | 01:55,1 | 01:54,4 | 01:51,0 | 07:35,6 |
| Roger Gagnon | 01:53,6 | 01:55,3 | 01:54,5 | 01:51,6 | 07:35,0 record personnel |
| Camélie Houle | 02:10,4 | 02:12,5 | 02:11,9 | 02:08,3 | 08:43,2 |

20 décembre 2018 au centre de soccer

| | | | | | |
|----------------------------------|---------|---------|---------|---------|--------------------------|
| Catherine L-Dubois (seule matin) | 02:05,4 | 02:08,1 | 02:10,2 | 02:11,2 | 08:35,0 record personnel |
|----------------------------------|---------|---------|---------|---------|--------------------------|

18h15 1000 m des jeunes

| | | | | | |
|----------------------------|---------|---------|--|--|-----------------------|
| Matheo Parent 1 | 02:11,8 | 02:12,1 | | | 04:24,0 première fois |
| Marika Poulin 2 | 02:07,5 | 02:12,7 | | | 04:20,3 première fois |
| Thierry Pouliot 3 | 02:10,6 | 02:19,4 | | | 04:30,0 première fois |
| Dorothée Mireault 4 | 02:41,6 | 02:45,9 | | | 05:27,5 première fois |
| Allyson Mule 5 | 02:41,3 | 02:39,2 | | | 05:20,4 première fois |
| Charles-Edouard Mireault 6 | 03:20,3 | 03:07,6 | | | 06:27,9 |
| Christian Mireault 7 | 02:09,9 | 02:11,4 | | | 04:21,4 |

18h25 2000 m U19 et U17

| | | | | | |
|----------------------|---------|---------|---------|---------|--------------------------|
| Eve Poulin 1 | 02:09,1 | 02:15,7 | 02:17,9 | 02:16,0 | 08:58,7 première fois |
| Jade Tousignant 2 | 02:11,2 | 02:18,3 | 02:24,9 | 02:20,7 | 09:15,2 première fois |
| Felix Parent 3 | 01:58,1 | 01:58,2 | 01:59,1 | 01:55,1 | 07:50,4 record personnel |
| Charlie Houle 4 | 01:50,9 | 01:50,8 | 01:50,5 | 01:49,5 | 07:21,8 record personnel |
| Alexandre Boisvert 5 | 02:03,7 | 02:04,3 | 02:05,7 | 02:04,2 | 08:17,9 record personnel |

18h40 2000 m femmes SR-U23

| | | | | | |
|---------------------|---------|---------|---------|---------|--------------------------|
| Anne Marie-Turcot 1 | 02:04,8 | 02:07,0 | 02:07,4 | 02:12,3 | 08:31,6 record personnel |
| Stephanie Dubois 2 | 02:04,1 | 02:04,4 | 02:07,9 | 02:09,2 | 08:25,6 première fois |

| | | | | | |
|----------------------|---------|---------|---------|---------|--------------------------|
| Stephanie Lajoie 3 | 02:13,9 | 02:09,0 | 02:07,7 | 02:02,5 | 08:33,2 première fois |
| Sylvie Chenier 4 | 02:16,9 | 02:17,7 | 02:19,2 | 02:15,9 | 09:09,6 première fois |
| Anne Gadbois 5 | 01:58,8 | 01:58,7 | 02:00,7 | 02:00,5 | 07:58,7 record personnel |
| Catherine Boisvert 6 | 02:14,3 | 02:21,6 | 02:21,6 | 02:17,6 | 09:15,0 record personnel |

18h55 2000 m hommes Master

| | | | | | |
|--------------------|---------|---------|---------|---------|--------------------------|
| Jean-Michel Viau 1 | 01:42,0 | 01:43,0 | 01:44,3 | 01:45,4 | 06:54,8 |
| Martin Scutt 2 | 01:45,4 | 01:49,1 | 01:51,1 | 01:51,0 | 07:16,6 |
| Stephen Love 3 | 01:54,6 | 01:54,7 | 01:54,6 | 01:54,0 | 07:38,0 |
| Roger Gagnon 4 | 01:53,1 | 01:54,1 | 01:54,1 | 01:54,4 | 07:35,7 |
| Alain Tremblay 5 | 02:01,9 | 02:10,3 | 02:06,0 | 02:07,3 | 08:25,5 |
| Richard Martel 6 | 01:55,3 | 01:56,3 | 01:56,0 | 01:55,8 | 07:43,2 record personnel |
| Daniel Aucoin 7 | 01:57,9 | 01:58,1 | 01:58,1 | 01:55,3 | 07:49,5 |
| Sébastien Houle 8 | 01:52,0 | 01:54,3 | 01:54,0 | 01:51,6 | 07:31,8 record personnel |
| Gerald Parent 9 | 01:56,2 | 01:55,3 | 01:55,4 | 01:50,3 | 07:37,2 première fois |

19h10 2000 m ou 1000 m Femmes Masters

| | | | | | |
|-----------------|---------|---------|--|--|-----------------------|
| Suzanne Ouimet | 02:13,8 | 02:26,1 | | | 04:39,9 première fois |
| Edith Thauvette | 02:09,0 | 02:15,9 | | | 04:24,9 première fois |

| | | | | | |
|--------------------------------|---------|---------|---------|---------|---------|
| Mathieu Fillion seul le 21 dec | 01:49,1 | 01:51,4 | 01:52,0 | 01:56,5 | 07:29,0 |
|--------------------------------|---------|---------|---------|---------|---------|

3 février 2019 à Sherbrooke

| | | | | | |
|------------------------------|---------|---------|---------|---------|--------------------------|
| Mathéo Parent U13 4 x 250 m | 01:00,6 | 01:01,1 | 01:00,8 | 01:00,8 | nouveau format |
| Marika Poulin U15 4 x 250 m | 00:59,4 | 01:00,0 | 01:00,0 | 00:58,9 | nouveau format |
| Jade Tousignant U15 4 x 250m | 00:58,1 | 00:58,8 | 00:57,9 | 00:58,4 | nouveau format |
| Camélie Houle U17 | 02:09,1 | 02:08,7 | 02:09,7 | 02:10,3 | 08:37,8 record personnel |
| Ève Poulin U17 | 02:07,7 | 02:09,2 | 02:14,4 | 02:15,6 | 08:46,7 record personnel |
| Charlie Houle U19 | 01:50,2 | 01:50,4 | 01:49,5 | 01:47,9 | 07:17,9 record personnel |
| Thierry Pouliot U17 | 02:16,6 | 02:20,9 | 02:22,9 | 02:25,2 | 09:25,7 record personnel |
| Felix Parent U17 | 01:54,7 | 01:56,4 | 01:57,1 | 01:55,9 | 07:44,0 record personnel |
| Alexandre Boisvert U17 | 01:58,5 | 02:01,0 | 02:03,1 | 02:03,9 | 08:06,6 record personnel |
| Mathieu Fillion U23 léger | 01:50,9 | 01:52,5 | 01:54,5 | 01:54,1 | 07:32,1 rhume |

| | | | | | | |
|-----------------|---------|---------|---------|---------|---------|------------------|
| Anne Gadbois SR | 01:58,5 | 01:58,2 | 01:59,1 | 01:58,5 | 07:54,3 | record personnel |
|-----------------|---------|---------|---------|---------|---------|------------------|

5 février 2019 au centre de soccer

| | | | | | | |
|--------------------|---------|---------|---------|---------|---------|------------------|
| Stephen Love | 01:51,6 | 01:54,4 | 01:55,1 | 01:54,8 | 07:35,9 | |
| Roger Gagnon | 01:50,2 | 01:53,3 | 01:59,6 | 02:00,4 | 07:43,5 | |
| Alain Tremblay | 01:59,3 | 02:04,8 | 02:06,7 | 02:04,1 | 08:14,9 | record personnel |
| Catherine Boisvert | 02:13,2 | 02:17,8 | 02:18,6 | 02:14,8 | 09:04,4 | |
| Allyson Mule | 02:45,0 | 02:38,0 | | | 05:23,0 | |
| Dorothée Mireault | 02:50,0 | 02:42,0 | | | 05:31,8 | |
| Matheo Parent | 02:16,2 | 02:12,2 | | | 04:28,4 | |
| Jade Tousignant | 02:11,6 | 02:11,0 | | | 04:22,6 | |
| Lorianne Bélair | 02:22,8 | 02:26,5 | | | 04:49,2 | |
| Rosélie Pouliot | 03:03,6 | 03:03,9 | | | 06:07,5 | |
| Thierry Pouliot | 02:20,6 | 02:20,1 | | | 04:40,7 | |
| Gerald Parent | 01:50,6 | 01:54,6 | 01:55,2 | 01:49,9 | 07:30,4 | record personnel |
| Suzanne Ouimet | 02:15,8 | 02:22,1 | 02:28,1 | 02:27,1 | 09:33,0 | record personnel |
| Anne-Marie Turcot | 02:03,6 | 02:06,5 | 02:06,4 | 02:06,1 | 08:22,6 | record personnel |
| Sylvie Chénier | 02:13,2 | 02:13,8 | 02:13,5 | 02:12,2 | 08:52,7 | record personnel |
| Martine Lavoie | 02:10,2 | 02:11,8 | 02:13,0 | 02:10,2 | 08:45,3 | |
| Stéphanie Lajoie | 02:03,9 | 02:06,0 | 02:05,3 | 02:01,6 | 08:16,8 | record personnel |