

La chasse Demi

A-3 tours 1 arrêté+1 sans arrêt+1 arrêté (200 pédaliers+15 push-ups, 15+15 obliques, 15+15 patineurs) et 1000 m d'ergo. Trois fois.

B-3 tours 1 arrêté+1 sans arrêt+1 arrêté (160 pédaliers+12 push-ups, 12+12 obliques, 12+12 patineurs) et 800 m d'ergo. Trois fois.

C-3 tours 1 arrêté+1 sans arrêt+1 arrêté (100 pédaliers+10 push-ups, 10+10 obliques, 10+10 patineurs) et 500 m d'ergo. Trois fois.

Le dimanche 27 novembre 2016	Départ 1	Départ 2	split 1	Fin 2	split 2	Fin 3	split 3	total
épreuve test trop long	00:00,0	09:00,0	09:00,0	17:35,0	08:35,0	25:00,0	07:25,0	25:00,0
Marc-André Jamieson A	00:00,0	20:33,0	20:33,0	43:09,0	22:36,0	05:37,0	22:28,0	05:37,0
Stephen Love A	00:00,0	20:30,0	20:30,0	43:01,0	22:31,0	06:20,0	23:19,0	06:20,0
Chalie Houle A	00:00,0	20:27,0	20:27,0	43:17,0	22:50,0	05:17,0	22:00,0	05:17,0
Richard Martel B	00:00,0	16:45,0	16:45,0	35:28,0	18:43,0	55:00,0	19:32,0	55:00,0
Roger Gagnon B	00:00,0	20:02,0	20:02,0	43:30,0	23:28,0	06:27,0	22:57,0	06:27,0
Sylvie Lavallée C	05:08,0	20:35,0	15:27,0	39:50,0	19:15,0	57:22,0	17:32,0	52:14,0
Camélie Houle C	05:08,0	20:44,0	15:36,0	39:25,0	18:41,0	57:05,0	17:40,0	51:57,0
Alain Tremblay C	05:08,0	20:30,0	15:22,0	47:17,0	26:47,0	07:08,0	19:51,0	02:00,0
			00:00,0		00:00,0		00:00,0	00:00,0
Romain Dussault A	00:00,0	16:29,0	16:29,0	35:17,0	18:48,0	53:34,0	18:17,0	53:34,0
Mathieu Fillion A	00:00,0	18:33,0	18:33,0	39:40,0	21:07,0	59:33,0	19:53,0	59:33,0
Pierre Moussette B	00:00,0	19:15,0	19:15,0	33:34,0	14:19,0	56:45,0	23:11,0	56:45,0
Valérie Provost C	00:00,0	14:45,0	14:45,0	31:32,0	16:47,0	48:36,0	17:04,0	48:36,0
Josée Malo C	00:00,0	19:15,0	19:15,0	40:08,0	20:53,0	#####		00:00,0

Le dimanche 18 décembre 2016

Martin Scutt A	00:00,0	15:40,0	15:40,0	32:15,0	16:35,0	49:12,0	16:57,0	49:12,0
Sebastien Houle A	00:00,0	16:03,0	16:03,0	34:12,0	18:09,0	51:13,0	17:01,0	51:13,0
Charlie Houle A	00:00,0	16:04,0	16:04,0	34:10,0	18:06,0	51:14,0	17:04,0	51:14,0
Stephen Love rhume B	00:00,0	14:49,0	14:49,0	29:36,0	14:47,0	45:00,0	15:24,0	45:00,0
Nathalie Roy B	00:00,0	15:13,0	15:13,0	30:54,0	15:41,0	46:25,0	15:31,0	46:25,0
Roger Gagnon B	00:00,0	15:35,0	15:35,0	33:30,0	17:55,0	52:24,0	18:54,0	52:24,0
Alain Tremblay C	04:00,0	19:20,0	15:20,0	35:04,0	15:44,0	51:45,0	16:41,0	47:45,0
Sylvie Lavallée C	04:00,0	16:40,0	12:40,0	30:40,0	14:00,0	44:55,0	14:15,0	40:55,0
Martine Lavoie C	04:00,0	17:08,0	13:08,0	31:50,0	14:42,0	46:52,0	15:02,0	42:52,0
Camélie Houle C	04:00,0	16:50,0	12:50,0	31:41,0	14:51,0	45:52,0	14:11,0	41:52,0

Richard Martel A	00:00,0	16:02,0	16:02,0	32:12,0	16:10,0	48:38,0	16:26,0	48:38,0
Nicolas Martel C+C+B	00:00,0	14:10,0	14:10,0	29:09,0	14:59,0	46:00,0	16:51,0	46:00,0
Romain Dussault A	00:00,0	16:15,0	16:15,0	33:45,0	17:30,0	51:40,0	17:55,0	51:40,0
Mathieu Fillion A	00:00,0	17:17,0	17:17,0	38:29,0	21:12,0	57:48,0	19:19,0	57:48,0
Pierre Moussette C	00:00,0	14:08,0	14:08,0	29:57,0	15:49,0	46:22,0	16:25,0	46:22,0

Le dimanche 29 janvier 2017

Stephen Love A	00:00,0	15:32,0	15:32,0	31:50,0	16:18,0	48:01,0	16:11,0	48:01,0
Martin Scutt A	00:00,0	15:30,0	15:30,0	31:46,0	16:16,0	48:01,0	16:15,0	48:01,0
Sylvie Lavallée B	00:00,0	15:00,0	15:00,0	30:41,0	15:41,0	45:58,0	15:17,0	45:58,0

Mathieu Fillion A	00:00,0	16:22,0	16:22,0	34:01,0	17:39,0	51:50,0	17:49,0	51:50,0
Romain Dussault A	00:00,0	16:58,0	16:58,0	35:07,0	18:09,0	52:27,0	17:20,0	52:27,0
Charlie Houle A	00:00,0	15:59,0	15:59,0	33:40,0	17:41,0	50:41,0	17:01,0	50:41,0
Sébastien Houle A	00:00,0	16:57,0	16:57,0	34:15,0	17:18,0	51:17,0	17:02,0	51:17,0
Marie-Josée Charbonneau A	00:00,0	17:57,0	17:57,0	36:40,0	18:43,0	57:22,0	20:42,0	57:22,0
Régis Fillion A	00:00,0	16:50,0	16:50,0	34:40,0	17:50,0	52:22,0	17:42,0	52:22,0
Valérie Provost C mollo	04:00,0	18:15,0	14:15,0	33:35,0	15:20,0	49:13,0	15:38,0	45:13,0 juste deux t
Josée Malo C mollo	04:00,0	26:10,0	22:10,0	38:25,0	12:15,0	55:43:00	04:35,0	39:00,0 3 tours au 1
Camélie Houle C blessée genou	04:00,0	20:12,0	16:12,0	43:40,0	23:28,0	54:45,0	11:05,0	50:45,0 3 tours au 2

Emmanuel Brien A	00:00,0	15:58,0	15:58,0	32:59,0	17:01,0	50:40,0	17:41,0	50:40,0
------------------	---------	---------	----------------	---------	----------------	---------	----------------	----------------

Le dimanche 19 mars 2017 antihoraire

Stephen Love A	00:00,0	15:57,0	15:57,0	32:21,0	16:24,0	48:56,0	16:35,0	48:56,0
Sylvie Lavallée B	00:00,0	14:22,0	14:22,0	29:03,0	14:41,0	43:37,0	14:34,0	43:37,0
Catherine Lehoux-Dubois B	00:00,0	14:33,0	14:33,0	29:09,0	14:36,0	43:53,0	14:44,0	43:53,0
Alain Tremblay B+C+C	00:00,0	18:10,0	18:10,0	34:32,0	16:22,0	51:28,0	16:56,0	51:28,0
Charlie Houle A	00:00,0	14:52,0	14:52,0	31:07,0	16:15,0	47:50,0	16:43,0	47:50,0

Sébastien Houle B	00:00,0	16:04,0	16:04,0	30:55,0	14:51,0	45:00,0	14:05,0	45:00,0
Camélie Houle B+C+C	00:00,0	17:06,0	17:06,0	31:38,0	14:32,0	46:34,0	14:56,0	46:34,0
Romain Dussault A limité sur ergo	00:00,0	17:27,0	17:27,0	34:58,0	17:31,0	52:10,0	17:12,0	52:10,0 dernier 100
Marie-Josée Charbonneau A	00:00,0	17:23,0	17:23,0	35:37,0	18:14,0	54:27,0	18:50,0	54:27,0
Kim Papadimitriou B peu d'ergo dos	00:00,0						00:00,0	57:30,0

Le dimanche 3 décembre 2017 antihoraire

2 tours sans arrêt et un tour arrêté

Martin Scutt A	00:00,0	12:13,0	12:13,0	24:52,0	12:39,0	37:42,0	12:50,0	37:42,0
Stephen Love A	00:00,0	13:13,0	13:13,0	26:43,0	13:30,0	40:56,0	14:13,0	40:56,0
Charlie Houle A	00:00,0	12:10,0	12:10,0	24:55,0	12:45,0	38:08,0	13:13,0	38:08,0
Sébastien Houle A	00:00,0	12:12,0	12:12,0	25:27,0	13:15,0	39:03,0	13:36,0	39:03,0
Roger Gagnon A	00:00,0	14:28,0	14:28,0	29:41,0	15:13,0	45:10,0	15:29,0	45:10,0
Camélie Houle B	00:00,0	11:44,0	11:44,0	23:45,0	12:01,0	35:33,0	11:48,0	35:33,0
Sylvie Lavallée B	00:00,0	12:28,0	12:28,0	25:00,0	12:32,0	37:47,0	12:47,0	37:47,0
Catherine Le houx-Dubois B	00:00,0	12:32,0	12:32,0	25:57,0	13:25,0	39:40,0	13:43,0	39:40,0
Martine Lavoie B	00:00,0	16:09,0	16:09,0	28:36,0	12:27,0	43:42,0	15:06,0	43:42,0 1er cycle +
Andrew Scutt C	00:00,0	11:53,0	11:53,0	23:35,0	11:42,0	36:14,0	12:39,0	36:14,0
Yvan Lavoie Plaisir	00:00,0							
Jean-Michel Viau A	00:00,0	11:35,0	11:35,0	23:47,0	12:12,0	36:55,0	13:08,0	36:55,0
Romain Dussault A	00:00,0	12:56,0	12:56,0	27:05,0	14:09,0	41:04,0	13:59,0	41:04,0
Mathieu Fillion A	00:00,0	12:23,0	12:23,0	25:30,0	13:07,0	38:57,0	13:27,0	38:57,0
Valérie Provost B	00:00,0	13:07,0	13:07,0	27:28,0	14:21,0	42:09,0	14:41,0	42:09,0
Louise Héroux C	00:00,0	14:40,0	14:40,0	29:37,0	14:57,0	45:07,0	15:30,0	45:07,0
Eve Martin B	00:00,0	14:46,0	14:46,0	29:21,0	14:35,0	44:25,0	15:04,0	44:25,0
Dominique Bérard C	00:00,0	18:03,0	18:03,0	37:24,0	19:21,0			
Sylvie Courchesne C	00:00,0	17:21,0	17:21,0	34:50,0	17:29,0			

14 janvier 2018 sens horaire

Roger Gagnon A	00:00,0	16:04,0	16:04,0	33:34,0	17:30,0	51:35,0	18:01,0	
----------------	---------	---------	----------------	---------	----------------	---------	----------------	--

Stephen Love A	00:00,0	15:28,0	15:28,0	31:36,0	16:08,0	48:08,0	16:32,0	
Sebastien Houle A	00:00,0	14:43,0	14:43,0	30:55,0	16:12,0	47:15,0	16:20,0	
Charlie Houle A	00:00,0	14:27,0	14:27,0	30:23,0	15:56,0	46:38,0	16:15,0	
Sylvie Lavallée A	00:00,0	15:36,0	15:36,0	32:10,0	16:34,0	48:06,0	15:56,0	
Martin Scutt A	00:00,0	14:42,0	14:42,0	30:07,0	15:25,0	45:51,0	15:44,0	
Cath Lehoux-Dubois A	00:00,0	16:52,0	16:52,0	34:54,0	18:02,0	53:07,0	18:13,0	
Yvan Lavoie C	00:00,0	20:03,0	20:03,0	40:35,0	20:32,0	48:00,0	07:25,0	3e cycle, ju

Romain Dussault A	00:00,0	16:04,0	16:04,0	33:05,0	17:01,0	50:58,0	17:53,0	
Mathieu Fillion A	00:00,0	17:41,0	17:41,0	38:00,0	20:19,0	57:40,0	19:40,0	
Alexandre Boisvert A	00:00,0	17:20,0	17:20,0	36:16,0	18:56,0	55:07,0	18:51,0	
Regis Fillion A	00:00,0	17:21,0	17:21,0	35:50,0	18:29,0	53:24,0	17:34,0	
Catherine Boisvert B	02:00,0	18:25,0	16:25,0	36:14,0	17:49,0	53:10,0	16:56,0	

Emmanuel Brien A	00:00,0	16:36,0	16:36,0	35:29,0	18:53,0	55:25,0	19:56,0	
Sylvie Courchesne C	00:00,0	17:58,0	17:58,0	35:55,0	17:57,0	53:58,0	18:03,0	3e cycle jus

4 mars 2018 sens horaire

Stephen Love A	01:00,0	16:58,0	15:58,0	33:19,0	16:21,0	50:48,0	17:29,0	49:48,0
Martin Scutt A	01:00,0	15:11,0	14:11,0	30:42,0	15:31,0	45:55,0	15:13,0	44:55,0
Roger Gagnon A	00:00,0	15:49,0	15:49,0	33:16,0	17:27,0	51:12,0	17:56,0	51:12,0
Sébastien Houle A	01:00,0	14:52,0	13:52,0	29:36,0	14:44,0	44:08,0	14:32,0	43:08,0
Sylvie Lavallée B	01:00,0	14:48,0	13:48,0	29:07,0	14:19,0	43:35,0	14:28,0	42:35,0
Catherine Lehoux-Dubois B	00:00,0	14:11,0	14:11,0	29:07,0	14:56,0	44:57,0	15:50,0	44:57,0
Yvan Lavoie C	00:00,0	18:15,0	18:15,0	38:20,0	20:05,0	58:00,0	19:40,0	58:00,0
Véronique Brun C	00:00,0	18:58,0	18:58,0	35:47,0	16:49,0	51:08,0	15:21,0	51:08,0 2 tours san:
Andrée-Anne C	01:00,0	17:50,0	16:50,0	37:03,0	19:13,0	55:12,0	18:09,0	54:12,0

Camélie Houle B	03:00,0	16:15,0	13:15,0	30:50,0	14:35,0	45:49,0	14:59,0	42:49,0
Josée Malo B	02:00,0	16:08,0	14:08,0	31:04,0	14:56,0	46:25,0	15:21,0	44:25,0
Martine Lavoie B	00:00,0	15:48,0	15:48,0	32:28,0	16:40,0	50:00,0	17:32,0	50:00,0

Romain Dussault A	00:00,0	17:22,0	17:22,0	36:25,0	19:03,0	56:40,0	20:15,0	56:40,0
-------------------	---------	---------	----------------	---------	----------------	---------	----------------	---------

25 novembre 2018 antihoraire

Sébastien Houle A	00:00,0	14:20,0	14:20,0	30:17,0	15:57,0	46:12,0	15:55,0	46:12,0
Charlie Houle A	00:00,0	14:40,0	14:40,0	30:52,0	16:12,0	47:07,0	16:15,0	47:07,0
Richard Martel A	00:00,0	15:40,0	15:40,0	31:55,0	16:15,0	48:12,0	16:17,0	48:12,0
Martin Scutt A	00:00,0	16:20,0	16:20,0	32:05,0	15:45,0	48:05,0	16:00,0	48:05,0
Stéphanie Lajoie A	00:00,0	17:00,0	17:00,0	33:31,0	16:31,0	50:50,0	17:19,0	50:50,0
Stephen Love A	00:00,0	17:25,0	17:25,0	35:43,0	18:18,0	53:58,0	18:15,0	53:58,0
Camélie Houle A	00:00,0	17:38,0	17:38,0	36:35,0	18:57,0	55:27,0	18:52,0	55:27,0
Roger Gagnon A	00:00,0	17:45,0	17:45,0	36:45,0	19:00,0	56:50,0	20:05,0	56:50,0
Tony Mule B	03:00,0	20:21,0	17:21,0	35:58,0	15:37,0	#####	#####	
Sylvie Lavallée B	03:00,0	18:12,0	15:12,0	33:55,0	15:43,0	49:42,0	15:47,0	46:42,0
Martine Lavoie B	03:00,0	20:23,0	17:23,0	39:12,0	18:49,0	58:05,0	18:53,0	55:05,0
Suzanne Ouimet C	03:00,0	19:00,0	16:00,0	34:00,0	15:00,0	49:55,0	15:55,0	46:55,0
Veronique Brun C	03:00,0	19:40,0	16:40,0	37:09,0	17:29,0	56:42,0	19:33,0	53:42,0
Allyson Mule C	03:00,0	#####			00:00,0		00:00,0	#####
Dorothee Mireault C	03:00,0	22:42,0	19:42,0	38:30,0	15:48,0	52:50,0	14:20,0	49:50,0
Sylvie Courchesne C	03:00,0	19:47,0	16:47,0	37:25,0	17:38,0	55:57,0	18:32,0	52:57,0
Eve Poulin B	00:00,0	17:04,0	17:04,0	34:38,0	17:34,0	52:00,0	17:22,0	52:00,0
Lorianne Bélair B	00:00,0	17:37,0	17:37,0	35:10,0	17:33,0	52:42,0	17:32,0	52:42,0
Philippe Deschatelets B	00:00,0	17:21,0	17:21,0	35:20,0	17:59,0	53:00,0	17:40,0	53:00,0
Jade Tousignant B	00:00,0	19:00,0	19:00,0	40:39,0	21:39,0	54:34,0	13:55,0	54:34,0
Rachel Raynauld C apprentissage	00:00,0		00:00,0		00:00,0		00:00,0	00:00,0

16 décembre 2018 sens horaire

Richard Martel A								46:42,0 Seul tôt
Suzanne Ouimet C	00:00,0	13:34,0	13:34,0	28:12,0	14:38,0	43:02,0	14:50,0	43:02,0
Sébastien Houle A	00:00,0	14:03,0	14:03,0	29:06,0	15:03,0	44:37,0	15:31,0	44:37,0
Charlie Houle A	00:00,0	13:48,0	13:48,0	30:19,0	16:31,0	46:17,0	15:58,0	46:17,0
Martin Scutt A	00:00,0	15:15,0	15:15,0	31:33,0	16:18,0	47:30,0	15:57,0	47:30,0
Roger Gagnon A	00:00,0	16:20,0	16:20,0	34:22,0	18:02,0	53:17,0	18:55,0	53:17,0
Allyson Mule C	00:00,0	15:42,0	15:42,0	36:55,0	21:13,0	56:30,0	19:35,0	56:30,0

Dorothée Mireault C	00:00,0	16:00,0	16:00,0	36:51,0	20:51,0	56:25,0	19:34,0	56:25,0
			00:00,0					
Matheo Parent C	00:00,0	12:23,0	12:23,0	26:56,0	14:33,0	42:02,0	15:06,0	42:02,0
Ros�lie Pouliot C	00:00,0	15:35,0	15:35,0	28:52,0	13:17,0	45:14,0	16:22,0	45:14,0
Eve Poulin B	00:00,0	14:27,0	14:27,0	30:31,0	16:04,0	46:25,0	15:54,0	46:25,0
Felix Parent A	00:00,0	14:54,0	14:54,0	30:52,0	15:58,0	46:55,0	16:03,0	46:55,0
Marika Poulin B	00:00,0	15:13,0	15:13,0	32:58,0	17:45,0	49:45,0	16:47,0	49:45,0
Florence pouliot C	00:00,0	18:00,0	18:00,0	38:30,0	20:30,0	52:05,0	13:35,0	52:05,0
Anne-Marie Bendes C	00:00,0	16:40,0	16:40,0	35:47,0	19:07,0	53:45,0	17:58,0	53:45,0
Thierry Pouliot C	00:00,0	17:17,0	17:17,0	37:15,0	19:58,0	53:55,0	16:40,0	53:55,0
Julianne Pouliot C	00:00,0	18:07,0	18:07,0	38:30,0	20:23,0	55:30,0	17:00,0	55:30,0
Gerald Parent A	00:00,0	17:22,0	17:22,0	37:30,0	20:08,0	56:13,0	18:43,0	56:13,0
Alain Pouliot B	00:00,0	16:35,0	16:35,0	37:29,0	20:54,0	56:45,0	19:16,0	56:45,0

A-3 tours 1 arr t +1 sans arr t+1 arr t  (200 p daliers+15 push-ups, 15+15 obliques, 15+15 patineurs) et 1000 m d'ergo. Trois fois.

B-3 tours 1 arr t +1 sans arr t+1 arr t  (160 p daliers+12 push-ups, 12+12 obliques, 12+12 patineurs) et 800 m d'ergo. Trois fois.

C-3 tours 1 arr t +1 sans arr t+1 arr t  (100 p daliers+10 push-ups, 10+10 obliques, 10+10 patineurs) et 500 m d'ergo. Trois fois.